

• A •  
*Work-Life*  
• WITHOUT •  
*Limits*

avenuehq

avenuehq

EAST PARADE SOCIAL

avenuehq

LEEDS

Supported by  Eagle Lab



OFFICE

MEETING

BREAKOUT

# EAST PARADE LEEDS CITY CENTRE

Located within a stunning Grade II listed building  
Over 100 businesses working across 5 floors  
10-minute walk from Leeds Train Station  
35 private offices  
18 resident desks  
36 coworking workstations

## KEY FEATURES

- COMMUNITY TEAM
- PRINTING
- UP TO 1GB INTERNET
- CAFE-BAR
- 24/7 ACCESS
- MEMBER EVENTS
- TEA & COFFEE INCLUDED
- UNDERGROUND PARKING
- MEETING ROOMS
- BARCLAYS EAGLE LAB
- WELLBEING PROGRAMME
- POST/MAIL HANDLING

**RENT, RATES, UTILITIES, SERVICE CHARGE, MEETING ROOM ACCESS, RECEPTION SERVICES ALL INCLUDED IN ONE MONTHLY FEE.**

## ABOUT AHQ

Avenue HQ Leeds supported by Eagle Lab is located in the heart of Leeds City Centre, in a stunning Grade II listed building. It has been specifically designed around the needs of the local community with a 200 seat coworking space for entrepreneurs and businesses, a dedicated Barclays Eagle Lab for all members, and private offices of various sizes. With a range of support services, including access to expert mentoring and funding opportunities, we can help scale up your business.

## 2-20 PERSON OFFICES

We strive to make Avenue HQ an inclusive, community-led and professional space, fully-equipped to enable business growth. We recognise the fundamental barriers which can prohibit a business from developing, and take care of this for you, enabling you to focus on what you're good at.

# EXCLUSIVE MEMBER EVENTS

Our in-house events calendar ensures that your team have the chance to be sociable, keep physically fit and remain focused and positive in the workplace, taking the full onus of employee wellbeing away from your business.

85% of members saw a positive effect on staff wellbeing after joining



## ACCESS TO THE EAGLE LAB NETWORK



### Eagle Labs

Barclays has partnered with Avenue HQ to support ambitious entrepreneurs within Liverpool and Leeds, from their network across the country, including a full sized incubator within AHQ Leeds.

As well as offering support and guidance to all AHQ Members, Barclays offer free access to all of their labs, the largest incubator network in the country.



## YOUR LOCAL SOCIAL



### >EAST PARADE SOCIAL

As an AHQ Member - East Parade Social is your spot in the city from dawn till dusk, with 15% off with your membership. You can count on us to see you through from your first coffee to the last cocktail, and everything in between. And our food? Made fresh in house, using locally sourced ingredients, by people who care.



# AVENUE HQ, EAST PARADE - LEEDS

AVENUE HQ ALLOWS YOU TO CUSTOMISE YOUR OFFICE.  
WE PROVIDE YOU WITH THE PERFECT BLANK CANVAS.

**FULLY FURNISHED.  
FULLY CUSTOMISABLE.  
FULLY CONNECTED.  
MOVE-IN READY.**

FOCUS ON YOUR BUSINESS.  
ELEVATE YOUR WORKFORCE.  
LET US DEAL WITH THE REST.



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